

## Week One Winter Menu

### Monday

Breakfast	Raisin Bran	Milk				
Lunch	Turkey & cheese melts	Salad	Mixed fruit	milk		
Snack	String cheese	crackers				

### Tuesday

Breakfast	Oatmeal	Fruit	milk			
Lunch	Spaghetti	bread	Fruit	Milk		
Snack	Goldfish	Fruit				

### Wednesday

Breakfast	English Muffin	Fruit	Milk			
Lunch	creamy chicken w/ rice and broccoli	Fruit		milk		
Snack	Nilla wafers	Fruit				

### Thursday

Breakfast	pancake	Fruit	Milk			
Lunch	Refried Beans	tortillas	corn	cheese	Fruit	milk
Snack	Pretzels	cheese cubes				

### Friday

Breakfast	Cheerios	Fruit	Milk			
Lunch	Chicken tenders	salad	mixed fruit	milk		
Snack	Graham Crackers	Fruit				

## Week Two Winter Menu

### Monday

Breakfast	Raisin Bran	Milk		
Lunch	Mac and Cheese	Green beans	Fruit	milk
Snack	Goldfish	Fruit		

### Tuesday

Breakfast	Yogurt	Graham Crackers	milk	
Lunch	chicken parm	Fruit	milk	
Snack	animal crackers	cheese		

### Wednesday

Breakfast	bagel w/ cream cheese	Fruit	Milk	
Lunch	Chili	crackers	Fruit	Milk
Snack	Graham Crackers	Fruit		

### Thursday

Breakfast	pancakes	Fruit	Milk	
Lunch	Cheese Quesadilla	corn	Fruit	milk
Snack	Pretzels	cheese cubes		

### Friday

Breakfast	Cheerios	Fruit	Milk	
Lunch	Cheesy potato w/ beef	Salad	fruit	milk
Snack	Trail mix			

## Week Three Winter Menu

### Monday

Breakfast	Raisin Bran	Milk		
Lunch	Lunchable pizza	mixed veggies	Fruit	milk
Snack	graham cracker	Fruit		

### Tuesday

Breakfast	waffles	Fruit	milk	
Lunch	chicken noodle veggie soup	Fruit	Milk	
Snack	pretzel	cheese cubes		

### Wednesday

Breakfast	English muffins	Fruit	Milk	
Lunch	Spaghetti bake	Fruit	milk	
Snack	goldfish	Fruit		

### Thursday

Breakfast	pancake	Fruit	Milk	
Lunch	Cheesy Ravioli w/ sauce	peas	Fruit	milk
Snack	string cheese	crackers		

### Friday

Breakfast	Cheerios	Fruit	Milk	
Lunch	goulash	Fruit	milk	
Snack	nilla wafers	Fruit		

## Week Four Winter Menu

### Monday

Breakfast	Raisin Bran	Fruit	Milk	
Lunch	Chicken	mashed potatoes	Fruit	milk
Snack	Goldfish	Fruit		

### Tuesday

Breakfast	oatmeal	Fruit		
Lunch	tortilla	beans	cheese	Fruit milk
Snack	nilla wafers	fruit		

### Wednesday

Breakfast	pancakes	fruit		
Lunch	grilled cheese sandwich	veggie soup	Fruit	milk
Snack	pretzels	cheese cubes		

### Thursday

Breakfast	waffles	Fruit	Milk	
Lunch	lunchable pizza	peas	Fruit	milk
Snack	string cheese	crackers		

### Friday

Breakfast	Cheerios	Fruit	Milk	
Lunch	chicken noodle casserole	Fruit	salad	milk
Snack	goldfish	fruit		

## Week Five Winter Menu

### Monday

Breakfast	Raisin Bran	Milk			
Lunch	turkey Cheese	Crackers	Fruit		milk
Snack	goldfish	Fruit			

### Tuesday

Breakfast	toast w/ cheese	Fruit		milk	
Lunch	goulash	Fruit		milk	
Snack	graham crackers	Fruit			

### Wednesday

Breakfast	oatmeal	raisin		Milk	
Lunch	Refried Beans	tortillas	corn		Fruit milk
Snack	cheese	crackers			

### Thursday

Breakfast	pancake	Fruit		Milk	
Lunch	chicken noodle veggie soup	Fruit		milk	
Snack	nilla wafers	Fruit			

### Friday

Breakfast	Cheerios	Fruit		Milk	
Lunch	Cheese pizza	salad		mix fruit	Milk
Snack	animal crackers	fruit			

## Week Six Winter Menu

### Monday

Breakfast	Raisin Bran	Milk		
Lunch	Tatertot casserole	Fruit		milk
Snack	Animal crackers	Fruit		

### Tuesday

Breakfast	English muffin	Fruit		milk
Lunch	Sloppy joes	mash potatoes	Fruit	milk
Snack	cheese	crackers		

### Wednesday

Breakfast	Oatmeal	Fruit		Milk
Lunch	Mac and Cheese	green beans	Fruit	milk
Snack	pretzels	fruit		

### Thursday

Breakfast		Fruit		Milk
Lunch	Ravioli w/ sauce	Fruit		green beans milk
Snack	Nilla wafers	Fruit		

### Friday

Breakfast	Cheerios	Fruit		Milk
Lunch	Chili	crackers		mix fruit milk
Snack	String cheese	goldfish		